CREATING
UKB employees
make flat reed
baskets in a "Lunch
and Learn" session.
CULTURE, 7

GIDUWA CHEROKE NEWS

YSG CWY AOP Official News Publication of the United Keetoowah Band of Cherokee Indians in Oklahoma April 2023



Della Wolfe waves at the grand opening of the Della Wolfe UKB Library on March 16 in Tahlequah, Oklahoma. Wolfe spent 16 years with the United Keetoowah Band Education Department before retiring in 2022. PHOTOS BY LANI HANSEN/

Former Education Department employee Della Wolfe sees her vision comes to life within the department.

BY LANI HANSEN Reporter

AHLEQUAH – The United Keetoowah Band Education Department celebrated its grand opening of the Della Wolfe UKB Library on the evening of March 16.

Wolfe had worked with the Education Department for 16 years before her retirement in 2022. She was hired in 2005, outlasting five Education directors before Dr. Leslie Hannah came on board. Wolfe was the backbone of the department, putting all her time towards

improving the department itself.

"She took me under her wing, showing me how things are done, and we spoke on how we can improve the department," Dr. Hannah said. "Della told me her vision of using the classrooms which we use now and the library which just held books in boxes."

The library once held books that people would see in others, and Dr. Hannah had an idea of transitioning it to a Native centric space.

Before bringing in their librarian Sarah Scarberry, they made some phone calls searching for Native American books and authors.

To help improve the library, Jacqueline Watson was applying for grants, and they received a \$10,000 grant through the Institute of Museum and Library Services (IMLS). In total the education department received about \$90,000 in funding to utilize for the library.

"Shortly after we received the funding, Sarah came on board as our librarian," Dr. Hannah said. "We needed one, because Jacqueline and I got so busy the library renovation was a task further down our list. She asked what my goal was for it, and I told her I want it to be a Native centric library."

Sarah was able to jump right in and dedicate her time in fixing up the library. Dr. Hannah and Jacqueline were very pleased of the work she did.

"Sarah really helped embody the vision that Della wanted of the library," Jacqueline said. "Della wanted the students to come and find a book that other libraries did not hold. She also wanted it to be a safe space for Native students."

SEE WOLFE, PAGE 2



UKB librarian Sarah Scarberry, Education Director Dr. Leslie Hannah and Della Wolfe stand in front of a mural in the Della Wolfe UKB Library.



Education Director Dr. Leslie Hannah shows Della Wolfe a plaque that will hang on the wall by the library door.

Symposium on the American Indian set for April at NSU

The 2023 event focuses on hope for the future.

BY LANI HANSEN Reporter

TAHLEQUAH – If you're looking for something to do in April, Northeastern State University will be hosting its annual Symposium on the American Indian celebrating

The symposium began in 1972, but in 2020 when COVID shut everything down Center for Tribal Studies Director Sara Barnett said they were unable to celebrate making this year its 50th. The theme is Envisioning Indigenous Futurity.

"The theme is similar to the seven generations concept of how we think of the past, present and the future," Barnett explained. "The focus is on hope for the future and where we are going as a tribal nation and tribal citizens towards the future."

According to the NSU Symposium website, for time immemorial, we have looked to lessons from our past and guidance from our elders while considering the impact our decisions have on our future generations, often referred to as "the seven generations" principle. Through this theme, we seek to explore the concepts of futurity within a variety of disciplines, including history, cultural anthropology, leadership, Tribal sovereignty, research, sustainability, and community development, among others. We will celebrate fifty years of scholarship, broadening perspectives, community building, diversity, and culture since the annual symposium and gatherings of Native American knowledge-carriers began at NSU.

This year on the agenda there will be three keynote speakers throughout the week Dr. Laura Harjo (Muscogee Creek), Dr. Miranda Belarde-Lewis (Zuni/Tlingit) and Dr. Doug Kiel (Oneida). A full list of other speakers can be found on the symposium agenda website.

Dr. Harjo currently serves as Associate Professor and Interim Chair in the department of Native American

SEE NSU, PAGE 2



A fancy dancer performs at the 2022 Symposium on the American Indian's powwow at Northeastern State University in Tahlequah, Oklahoma. COURTESY

United Keetoowah Band IDs get new look

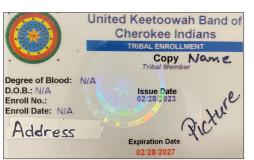
BY LANI HANSEN Reporter

TAHLEQUAH – The United Keetoowah Band Enrollment office is now issuing tribal IDs with new features for its members. They started the process of the new IDs in January 2022.

The UKB Enrollment Office is where citizens can go to apply for membership, help with obtaining a certificate of degree of Indian blood (CDIB) and update their address/enrollment information and relinquish membership.

"The new custom laminate IDs features the tribal seal and expiration date where the cards need to be updated every four years," UKB Enrollment Office Registrar Amanda Stopp said. "As of right now to renew the tribal IDs it's free of charge."

The new tribal IDs may be used at



A front view of the new laminated identification cards for United Keetoowah Band members. PHOTOS BY LANI HANSEN/ GIDUWA CHEROKEE NEWS

various places such as the social security office, airports for travel throughout the US, stores and banks. Walgreens pharmacy does not allow members to use their tribal IDs.

Members may get their tribal IDs at



A back view of the new laminated identification cards for United Keetoowah Band members. Members may get their tribal IDs at the Enrollment office.

the Enrollment office; they must provide proof of identification and exclusive UKB members will get the new IDs same day.

"Last year the Council passed a resolution to where members ages 16 and up can receive a tribal ID, where it used to be for 21 and over. They used the IDs for voting purposes," Stopp said. "The first ID is free for members, if a card has been lost or stolen there is a \$5 fee. If there is an address change or if the card is torn it'll be replaced for free."

is torn it'll be replaced for free."

To make the process easier for the Enrollment office, members must also have a change of address form filled out before coming in. Forms for services can be found online or enrollment can email them out.

Stopp loves the new look of the tribal IDs, because members can use it as a regular ID. Tribal Secretary Joyce Fourkiller and Stopp have been working on this system for over 15 years.

To apply for membership or to update enrollment information, www.ukb-nsn. gov/membership. For questions about the new IDs, call 918-871-2866.



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We were here before Trail of Tears

Gi do wa go we la I guess everybody's March Madness NCAA men's brackets were in disarray on the first night, upsets happening every had to pull for the Arkansas Razorbacks, since they beat Kansas. Looks like spring

day. Instead of pulling for the Jayhawks I is around the corner and servere weather increases during March, April and May, so be on the lookout for inclement weather.

I attended the Indian Housing Association meeting in Washington, D.C., with co-Housing Directors Roxana Wilden and Richard Vann and Tahlequah District Rep. Alvin Hicks. We met with tribal leaders from Idaho, Montana, New Mexico and South Dakota. The purpose of the meeting was to hear updates in both policy and budget, and to ask congressional members to award more money for affordable and safe houses. When the program began in the 1990s, there was \$1.8 billion set aside for Indian housing. Today that number has dwindled to \$800 million. The need is great for Indian housing. We also met some of the Oklahoma delegation and spoke to them on our various needs, our delegate representative to the house and the need for more monies for housing.

We have no word on the Department of Interior, Solicitor General M-Opinion.



Chief's Corner **JOE BUNCH**

jbunch@ukb-nsn.gov

Principal Chief

We pray the opinion comes in soon. The M-Opinion will answer the question regarding a successor-in-interest of the historic Cherokee Nation. In my opinion the question is already answered. It has been historically documented that the Old Settlers/Western Cherokee in 1817 moved into northwest Arkansas and then in 1828

moved into Indian Territory. The treaties of 1817 and 1828 also tell you we were here, and a federal judge can decree we had no former reservation. That's true our reservation never diminished; it would take Congress to do this.

The federal government put the Trail of Tears Cherokees on top of us, in our boundaries, and history describes how once the Trail of Tears immigrants arrived, the feuds and vengeance began because the treaty signers were here with us.

Today, we are an Oklahoma Indian

Welfare Act federally recognized Indian tribe, yet another Cherokee Indian tribe claims exclusive jurisdiction. Where did this come from when there are no treaties, no court records, no court decisions that relay that we do not have a reservation as mentioned earlier? These questions remain unanswered. Only Congress can approve or remove an Indian reservation.

The Council has elected to participate in Cherokee Days at the Museum of the American Indian, in Washington, D.C., and in doing so, I have cancelled the Council meeting for April. Cherokee Days brings the three federally recognized Cherokee tribes together to showcase unique handicrafts, history and share our rich culture. Several thousand people will come to the museum for this event, and this will be an excellent opportunity to showcase the United Keetoowah Band of

Eggstravaganza was fun, with many youngsters searching for the prize eggs, thank you sponsors, employees, and kids for making this a success.

Call me or your district representative, if you have any questions. Bless the United Keetoowah Band of Cherokee Indians, I ask you to keep your leadership and tribe in your prayers.

WOLFE: The library is open from 8 a.m. to 5 p.m.

FROM PAGE 1

The Della Wolfe UKB Library has officially opened their doors to patrons. The grand opening was a night to remember where Wolfe was able to attend and cut the ribbon to the library. Dr.

Hannah and Jacqueline said because of her health they were unsure until the day of the opening that she would attend. .

"We were really happy to see her," Dr. Hannah said.

The library is open from 8 a.m. to 5p.m. Monday through Friday. Registered patrons can run books through selfcheckout.

Extended hours vary and will be posted on the Della Wolfe UKB Library Facebook page, as well as merchandise that will be sold in the future. The library is at 4547 S. Whitmore Lane.

NSU: A powwow will end the event on April 15.

FROM PAGE 1

Studies at the University of Oklahoma. She has served and currently serves on a few editorial and advisory boards for national journals and presses. Dr. Harjo will discuss her most recent book, published in 2019, "Spiral to the Stars: Mvskoke Tools of Futurity", which discusses Indigenous futurity within the context of kinship, space, and

Dr. Belarde-Lewis' scholarship is centered on the discussion of how American Indian history and art is depicted in museums across the country. She serves as an assistant professor at the University of Washington and was named as the inaugural Jill and Jo McKinstry Endowed Faculty Fellow of Native North American Indigenous Knowledge. Dr. Belarde-Lewis will discuss the how and why behind the use of Tribal art forms, symbols and materials, placing American Indian peoples at the center of their own stories.

Dr. Kiel, a Native American historian, focuses on research



Singers perform at the drum during the 2022 NSU Symposium of the American Indian Powwow. This year's symposium will be held at the **NSU Event Center on April 15. COURTESY**

related to Indigenous populations in the (current) Great Lakes region, specifically these Nations' efforts to rebuild in the last century. He is an Assistant Professor in the Department of History and the Alice Kaplan Institute for the Humanities at Northwestern University, where he is also affiliated with the new Center for Native

American and Indigenous Research (CNAIR). Dr. Kiel will highlight the changes in tribal governance since the 2020 landmark McGirt decision, including efforts to establish co-governance and recover Indigenous lands.

Barnett said the committee wanted to make sure the fashion show would be included for this year's

symposium. The "Designing Our Futures" Fashion Show will be held on Wed. April 12 from 6:30pm-8pm. This event is organized by Alissa Baker and co-organized by Charlotte Wolfe and Callie Chunestudy.

To conclude the 50th Annual Symposium on the American Indian, the public is welcomed to attend the powwow on April 15 at 2pm at the NSU Event Center.

"I am hoping we get a good crowd this year," Barnett said. "I encourage people who have Facebook to like the Symposium on the American Indian page or check out our

Funding for this program is provided in part by a grant from the Oklahoma Humanities and the National Endowment for the Humanities. This project was also supported in part by the Oklahoma Arts Council, which receives support from the State of Oklahoma and the National Endowment for the Arts.

For a complete schedule of events visit nsuok.edu/ symposium, call 918-444-4350 or email tribals-tudies@nsuok.

UKB Tribal Enrollment | 18300 W. Keetoowah Circle Tahlequah, OK 74464 | Monday-Friday | 8:30 a.m. to 5 p.m.

Visit ukb-nsn.gov/membership for Enrollment documents and a FAQ section about UKB membership. Find forms for Membership Applications, CDIB Instructions, Update Your Information and UKB Relinquishment.

For additional questions or if you are a member who has lost your enrollment card, call the UKB Enrollment Office Registrar Amanda Stopp at 918-871-2797.



THE UNITED KEETOOWAH BAND'S OFFICES **WILL BE CLOSED APRIL 7 FOR GOOD FRIDAY**



GIDUWA CHEROKEE NEWS

Giduwa Cherokee News P.O. Box 746 Tahlequah, OK 74465

The Giduwa Cherokee News is mailed free to Keetoowah registered voters, governments, other offices and upon request, to other citizens. Mail subscription requests and address changes to Giduwa Cherokee News, P.O. Box 746, Tahlequah, OK 74465.

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As consumers focus on filing taxes and spending returns, a new study reveals a need for increased awareness around taxefficient financial strategies. STATEPOINT MEDIA

5 strategies to include in holistic financial plan

Research shows consumers are under-educated about tax strategy and tax-efficient investments, revealing a disconnect between aspirations and actions.

STATEPOINT – As consumers focus on filing taxes and spending returns, a new study reveals a need for increased awareness around tax-efficient financial

Lincoln Financial Group's Consumer Sentiment Tracker reports that only 2% of Americans can correctly identify financial solutions with tax advantages, despite one in three saying they prioritize investments that would help them pay less in taxes either now or in the future.

"Lincoln's research shows consumers are undereducated about tax strategy and tax-efficient investments, revealing a disconnect between aspirations and actions," said David Berkowitz, president, Lincoln Financial Network, the wealth management arm of Lincoln Financial Group, which provides advice and guidance through its network of independent financial professionals. "Consulting a financial professional and learning more about products and solutions can grow one's confidence in their financial decisions."

While not intended to be legal or tax advice, Lincoln Financial Group recommends considering the following five tax-efficient strategies as part of a holistic financial plan:

1. Contribute to a workplace retirement account. Pretax contributions to an employer-sponsored retirement savings plan will reduce total taxable income and allow savings to grow tax deferred. A good rule of thumb is to save at least 10% to 15% of your pay, but if that feels out of reach, start wherever possible and increase contributions a little each year to see big changes in total savings over time. Remember to save up to the employer match, if one is offered.

2. Explore the value of lifetime income. At a time when people are living longer and face greater risks to their savings, an annuity can provide protected guaranteed monthly income that can last a lifetime.

Taxes on the gains aren't paid until the money is withdrawn, so interest can be earned on the money that would have otherwise been paid in taxes. Being in a lower tax bracket during retirement means potentially paying less in taxes overall on the same amount of money. A financial professional can help determine which type of annuity might best fit your specific needs.

3. Prepare for unexpected long-term care costs. The greatest changes to income and lifestyle may result from an unexpected long-term health care event. Different solutions can help provide a cushion, and many of these benefits are income tax-free. Understanding the various policies is the first step in helping ensure you'll receive needed care without passing a financial burden on to family or loved ones.

4. Diversify a portfolio with life insurance. Adding cash value life insurance to a larger financial plan can help protect savings and provide an income tax-free death benefit for your beneficiaries, as well as tax-deferred growth opportunities. It can also offer advantages that help meet goals at every stage of life, including funding a child's education costs; strengthening retirement savings; creating additional cash flow; and protecting wealth for future generations. Keep in mind that if loans or withdrawals are taken from the policy, it will reduce the value of the death benefit and other payouts, as well as have potential tax consequences.

5. Work with a financial professional. According to Lincoln's study, just 1 in 5 U.S. adults feels very confident about making financial decisions to minimize exposure to taxes, yet 47% say they are more concerned about the impact of taxes on their retirement savings due to the current market. A financial professional can help tailor a holistic plan to your needs, as well as provide education about various insurance and retirement solutions.

Making sense of college costs, financial aid

STATEPOINT – That moment when your child receives an acceptance letter to a coveted college is a time to feel pride in their achievements and excited about their future. It's also a time to make sense of the school's price tag. That's where financial award letters come into play.

"You'll receive an award letter from each school your student was accepted to listing all the details of the financial aid package," says Angela Colatriano, College Ave Student Loans. "This information helps you figure out what's covered and how much your family is expected to pay."

Unfortunately, if you're like many parents, you may not be prepared for everything you read in these award letters.

In a recent College Ave Student Loans survey, only 30% of parents who received award letters said they received as much aid as they expected, and 74% said they found the expected family contribution surprisingly high

Colatriano also notes that because the layout of these letters varies from school to school, it can be hard to compare their terms.

To help you decipher your financial aid award letters and figure out how to pay for college this fall, consider these tips and insights:

1. Sort grants and scholarships from other aid: If your child was awarded a federal grant or scholarships from the college, they will be listed on your award letter. These do not need to be repaid and are applied directly to the school's tuition. You can also pursue outside scholarships. One easy one to apply for is the College Ave \$1,000 monthly scholarship sweepstakes. Encourage your student to apply for scholarships yearround, as every little bit helps.

2. Delve into federal aid: The award letters will show you if your student qualified for the Federal Work-Study program. Likewise, schools will list any federal student loans you're eligible to receive. Don't forget to complete the Free Application for Federal Student Aid (FAFSA) each year to qualify.

3. Meet the gap: If after accounting for grants, scholarships and federal aid there is still a gap between school costs and what you can afford, consider how you can reduce costs or get more funding. For example, you may reconsider your choice of school or have your student take on a part-time job. You might also want to shop around for a private student loan. If you do so, make sure you borrow only what you need. Also, look for a lender offering favorable terms, repayment options and interest rates. College Ave Student Loans offers resources to help you navigate paying for college, including a student loan calculator to show what your monthly payments could look like. To learn more, visit CollegeAve.com.

4. Look before you leap: Remember that most types of financial aid come with terms and conditions. For example, a scholarship may require a student to maintain a certain GPA for it to be renewed the following semester. Federal and private loans will have interest rates and repayment terms. Before accepting or pursuing any type of financial aid, be sure you understand what's involved.

5. Get assistance: When in doubt, don't be afraid to reach out to your school's financial aid office for assistance. They are a great resource to help you and your family navigate the financial aid process.

"With so many competing financial pressures, it's more important than ever for college-bound families to understand the ins and outs of their financial aid offers and what they're responsible to cover each year," says Colatriano.



OBITUARIES

Delores Barnes Jackson

Deloris Barnes Jackson, age 66, of Jay, OK went home to be with her Lord and Savior on Sunday, February 12, 2023 at her home with family by her side. Deloris was born on September 6, 1956 to Milton Lee Barnes and Irene Mae Scott-Barnes in Tahlequah, Oklahoma.

Deloris graduated from Sequovah High School in Tahlequah, OK. She also attended Arkansas Valley Vocational Technical Center in Ozark, AR, NSU in

Tahleguah, OK and RSU in Claremore. She was a member of Delaware Baptist Church of Jay, OK and United Keetoowah Band of the Cherokees known as UKB.

Deloris worked as a Respiratory Therapist for over 40 years from the NICU to Long Term Care. She loved taking care of people, loved her job and a job well done!

Deloris loved watching children and grandchildren playing sports and showing animals. She married the love of her Life Doug Jackson in Jay, OK. They had two sons.

Deloris enjoyed a good competitive

table game. Never a loser. She enjoyed hanging with her Aunt Geraldine. One of her greatest loves was her children and grandchildren, she was all about her family and they

were one of her biggest happiness in the World. Deloris's last words she spoke were, most of all belongs to Jesus Christ, loving him and knowing him. Do Not look for me, I am over the Rainbow. She will be missed.

Deloris is preceded in death by her parents Milton Lee Barnes and Irene Mae Scott-Barnes; husband Charles Douglas Jackson; siblings Irene, Thomas, Ivan and Wylena Barnes.

Deloris is survived by her sons Casey RB Jackson and Shani of Spavinaw, OK and Charles Seth Jackson and wife Lindsey of Zena, OK; sister Eva Handle and husband Bill of Jay, OK; brothers Willard Barnes and wife Carol of Watts and Henry Barnes and wife Tina of Jay, OK; sister-in-law Teresa Barnes of Grove, OK; nine grandchildren Tyler, Bubba, Trey, Garrett, Trenton, Braden, Jagger, Charles Tate and Whitney; and six great-grandchildren; special daughter-in-law Crystal Jackson of the home; host of family, nieces, nephew, cousins, co-works and friends.

Deloris's Celebration of Life Memorial Service was held February 24, 2023, at Delaware Baptist Church in Grove with Rev. Gary Bishop and Rev. Chad Bronson officiating.

David Roastingear

David Roastingear was born on April 2, 1971, to Corena and Harold Roastingear in Tahlequah, OK. He graduated from Sequoyah high school. David was a Jack of all trades.

After leaving high school, he had two daughters, Amber and Cory, along with many grandchildren and greatgrandkids. David would always ask, "what's cooking?" or "where's the fry bread and beans?" At times you would find him in his truck listening to George Strait or Jon Pardi.



There wouldn't be enough time in the world to describe David. He went by many names like Bionic man, Olympian, Hulk, Superman, Hero, Brother, Uncle, Dad,

and Son, but his favorite was DODA. David was a humble, hardworking, supportive, giving, and loving dad. He

meant the world and more to his family. David was preceded in death by his wife, Jewel Roastingear, Grandson

Miciah, his parents, brother John Roastingear, sisters Tammy and Karen Roastingear, and brother-in-law Phillip

David is survived by daughters Corena Kay Roastingear and Amber (Roastingear) Fancher, brother James Roastingear of Brushy, OK., sister Corena Mathews of Nicut, OK., grandchildren Summer Dawn, McKaila Nichelle, Jaydan Kade, Tatum Dean, and great-grandchildren Novianna, Genisis, and Mateo' Lundy.

A viewing was held March 2, 2023, in the Sequoyah Memorial Chapel at

Forever Memories Funeral Services in Sallisaw, OK. Funeral services were March 3, 2023, in the Sequoyah Memorial Chapel with "Preacher" Larry Fancher officiating. Interment followed at the Roastingear Family Cemetery.

Pallbearers were Jaydan Fancher, Matthew Shafer, Keith Mathews, Gunther Cooper, Justin Harjo, and Emerson Hobbs. Honorary Pallbearers were Tatum Fancher, Avery Ray, Marcus Monroe, Gabriel Scott, Jeffrey David, Malachi E., Theron U., and Ryan T.

Clara Marie Whitkiller

Clara Marie Whitekiller began her journey in life on November 4th, 1971, the daughter of Jimmy Dale and Patsy Louise (Crook) Whitekiller. She was raised up in the Hulbert community with her brothers and sister, Henry, Manda, and Eli. Attending and graduating from Hulbert High School. She became the proud mother of two boys, Matthew and James; they were her world. Clara Marie had a way of making everyone feel special and was a mother figure to many of her nieces and nephews. She was the best nannie anyone could ask for and adored time spent with her two precious grandbabies. She and the family traveled to various places across the US. A trip to Disney Land, Utah, Montana and Yellowstone were just a few of her most memorable trips. When she wasn't traveling, she enjoyed an afternoon at the local VFW for a few rounds of bingo. Clara Marie was not afraid of hard work, she could be found tending to her gardens and flowers beds and always liked to show off her little lemon trees. However, if there was one thing Clara Marie was known for, it was her cooking! She could fix up just about anything she put her hands to and eager to try new recipes or master some of her favorite restaurants dishes and sauces. She was very close to her dad and shared an ongoing joke of how she taught him her ways in the kitchen. A cook most of her life, she worked for various places over years, most recently being Clara's Café in her hometown of Hulbert. She was the go to person for all the kid's birthday cakes and everyone looked forward to her popcorn balls come holiday time. Clara Marie's most favorite part of cooking, was the way it brought friends and family together

around a table for great laughs and memories. A Christian by faith, she was a member of Freedom Fellowship Church and was faithful to always lend a

helping hand to the community and her church family. On Saturday, February 18th, 2023, this caring and giving soul would be called home to meet her Lord and Savior at the age of 51 years old. She will forever be remembered by all who knew and loved her.

She went on to join her grandparents and her best friend and mother, Patsy Louise Whitekiller.

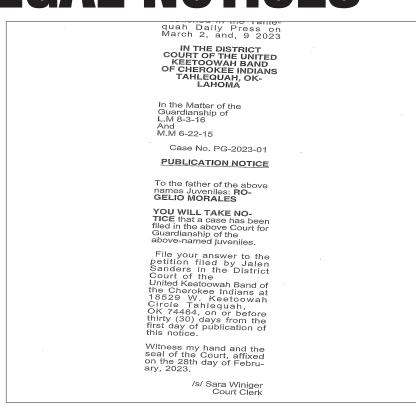
Those that remain to carry on her memory include her father, Jimmy Dale Whitekiller and step-mom, Darlene, two sons, Matthew Edwin Clay and James

Thomas Clay, both of Hulbert, OK and companion, Travis Erwin, of Hulbert, OK. She is also survived by two brothers, Henry Whitekiller and wife Charlotte of Hulbert, OK, Eli Peters and wife Erin of Tahlequah, OK, one sister, Manda Whitekiller of Hulbert, OK and brotherin-law, Jerry Erwin of Haskell, OK along with her two grandchildren, Ezekiel and Aleecia Clay as well as her church family and many friends and loved ones.

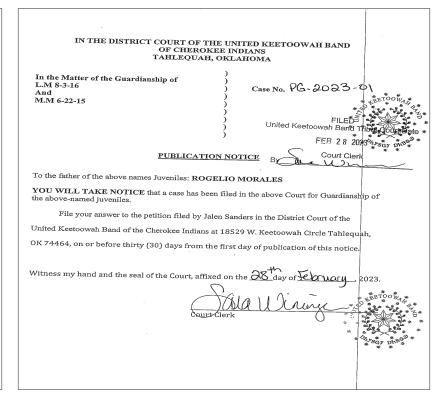
Funeral services for Clara Marie Whitekiller were February 24, 2023 at Reed-Culver Funeral Home with word and song by Pastor Bill Pettit and obituary reading by Beth Pettit. She was laid to rest in Hulbert I.O.O.F. Cemetery beside her mother.

Serving as pallbearers were Henry Whitekiller, James Clay, Eli Peters, Travis Erwin, Kelton Whitekiller, Justin Erwin, with honorary pallbearers Kia Whitekiller and Austin Erwin.

LEGAL NOTICES



For legal notices, please send material to rcourtwright@ukb-nsn.gov or Ihansen@ukb-nsn.gov. For more information, call Rita Courtwright at 918-871-2843 or Lani Hansen at 918-871-2788.



UNCH MEI

The United Keetoowah Band's Title VI Lunch Menu for April 2023 in the Jim Proctor Community Center at 18419 W. Keetoowah Circle in Tahlequah, Oklahoma. For information, call 918-871-2800.

April 3 Ham/Cheese Sandwich

Potato Soup Macaroni Salad Fruit Cup

April 11 Kitchen Closed

Staff Training

April 19 Meatloaf Mashed Potatoes Broccoli Cuts Breadstick, Fruit Cup

April 27 Hamburger w/Fixings French Fries Cake Ice Cream

April 4

Enchilada Casserole Mexican Rice Corn on the Cob Pineappe Cake

April 12 Kitchen Closed Staff Training

April 20 Brown Beans w/Ham Sweet Potato Coleslaw, Cornbread Fruit Cup

April 28 Kitchen Closed Cleaning Day

April 5

Chicken Noodle Soup Grilled Cheese w/Bacon Broccoli Salad Breadstick, Fruit Cup

April 13 Kitchen Closed Staff Training

April 21 Wings w/Sauce Steak Fries Carrots, Celery Breadstick, Fruit Cup

cost of a meal. Guest meals are \$5, while meals for children 0-17 are \$3. April 6 Roast Beef w/Gravy Potatoes & Carrots

April 14 Kitchen Closed Staff Training

Salad, Hot Roll

Fruit Cobbler

April 24 Veggie Hamburger Stew Hominy Cornbread, Fruit Cup April 7 **UKB** Tribal Offices Closed Good Friday

We have moved to a temporary building while our dining room is repaired. Park

in the drive-thru so meals can be brought to you. Protect yourself by wearing a mask, staying 6 feet away from others, washing your hands and staying home if feeling sick. Meal service is from 11 a.m. to 12:30 p.m., Monday through Friday.

Meals are free to Keetoowahs 55 and older, as well as their spouses. Members of

other tribes and their spouses must show their CDIB cards and contribute to the

April 17 Spaghetti w/Meat Sauce Italian Green Beans Garlic Toast Fruit Cup

April 25 Chicken Strips Mashed Potato w/Gravy Peas & Carrots Fruit Cup

April 10 Kitchen Closed Staff Training

April 18 Chimichanga Mexican Rice Garden Salad Fruit Cup

April 26 Stuffed Bell Pepper Rice Pilaf Mixed Veggies Hot Roll, Fruit Cup



UKB helps Cave Springs softball team

The UKB Education Department aids the Hornets with new equipment.

BY LANI HANSEN Reporter

STILWELL – The Cave Springs High School softball team received a large donation of new and used softball equipment from Pitch in for Baseball and Softball.

The team was all smiles when UKB Education Director Dr. Leslie Hannah brought in the equipment for them. Cave Springs is a public school located in Bunch serving grades P-3 through 12th, according to Superintendent C.D. Thompson.

According to the Pitch in for Baseball and Softball website, their mission is to provide new and gently used baseball and softball equipment to boys and girls in the United States and around the world who play ball.

"I was doing research one day to find anything to help some of our schools, and when I came across the Pitch in for Baseball and Softball criteria, I thought we qualify for that," Dr. Hannah said. "I had submitted an application for their help, and it was reviewed, not too long after I received an email of being approved."

Pitch in for Baseball and Softball donated buckets of practice softballs, helmets, bat bags, equipment bags and a total of ten bats for the team to use.

When asked about the donations received, Cave Springs seniors Annabell Maxwell and Sadie Ritter both agreed how the team was appreciative of the new equipment.

"It was pretty nice, we've never had new equipment so it will be good for the new players coming in to use for the rest of their high school career," Maxwell

The Cave Springs slowpitch softball team is made up of 14 players. They are coached by head coach Tom Osburn with two assistant coaches Marc Sherrell and Braeden Thomas.

"We appreciate any help we can get, our bucket of balls was getting waterlogged," Osburn commented about the donation. "We have three seniors



The Cave Springs Hornets softball team shows off its new equipment, which was donated by the Pitch in for Baseball and Softball organization. PHOTOS BY LANI HANSEN/GIDUWA CHEROKEE NEWS



UKB Education Department Director Dr. Leslie Hannah speaks to the Cave Springs Hornets softball team.



Shown is equipment donated by the Pitch in for Baseball and Softball organization to the Cave Springs Hornets softball team.

"It was pretty nice, we've never had new equipment so it will be good for the new players coming in to use for the rest of their high school career."

Annabell Maxwell, Cave Springs seniors

who will be leaving us after this year, the rest of them are dominant players."

The Lady Hornets had a season opener against the Gans Grizzlies on March 9, coming on the field with new equipment.

Sherrell and Thomas who both coach fastpitch, brings in the same team from slowpitch.

"We are excited the girls will

experience the new equipment in both seasons, fastpitch starts in August," both coaches said.

The day Dr. Hannah was able to donate the equipment, he had the opportunity to speak to the team. It was an exciting day for Dr. Hannah at Cave Springs.

"I told the players I believe students can be taught lessons on the ballfield too,

outside of the classroom," Dr. Hannah said. "I told them I am not giving this equipment because I felt sorry for them, but that I believe in them."

UKB Education is planning to help more schools with getting equipment and is hoping to become a donation center for Pitch in for Baseball and Softball.

From left are Miss
Bacone Janaya
McIntosh, Kate
Blaylock, Dara
Williams, Jessica
Olvers, Olivia
Briggs and Matt
Sheka. The group
recently attended
an eduation
conference in
Albuquerque, New
Mexico COURTESY



UKB Education takes in culture conference

BY LANI HANSEN Reporter

ALBUQUERQUE, N.M. – The United Keetoowah Band Education Department took six students to the Southwest Population Culture Conference in Albuquerque, New Mexico, where each of them had to present on a panel. The conference took place from Feb. 22-25.

According to the Southwest Popular Culture Association Conference website, their mission is to promote an innovative and nontraditional academic movement in Humanities and Social Sciences celebrating America's cultural heritages. To provide an outlet for scholars, writers, and others interested in popular/American culture, to share ideas in a professional atmosphere, and to increase awareness and improve public perceptions of America's cultural traditions and diverse populations.

"For the conference we created a panel where all six students presented," Education Director Dr. Hannah said. "One of the topics was on identity because these were mixed blood students listening in the panel, it was the pressure of how we feel between the white world and Native world. The second part of the panel was on education, and how it's the key for Native students to get out of poverty and not go down the wrong road. One wrote about education being the key to success."

Dr. Hannah was able to take three high schoolers and three college students to this conference: Kate Blaylock, Jessica Olvers, Dara Williams, Matt Sheka, Olivia Briggs and Janaya McIntosh. His college students presented on the troubles of tribal colleges and how it is different from a mainstream college.

"Our panel was very well received, and our high school girls got a standing ovation from an audience of about 30 people," Dr. Hannah said.

Other than attending this conference, Dr. Hannah, Jacqueline Watson and Sarah Scarberry were able to create memories for these students that they will never forget. Beginning on the day they traveled to Albuquerque, they drove up to Newton, Kansas, and rode on the Amtrak.

"The students met several people who they probably will never see again," Dr. Hannah said. "I told them to talk to people on the train."

They went to Sandia Peak, which is the highest location in central New Mexico. Sandia Peak is a ski resort leading up to 10,378 ft into the Sandia Mountains, according to TripAdvisor. They had the opportunity to have dinner at the Ten 3 restaurant on top of the mountain.

They went to Santa Fe and toured the Institute of American Indian Arts (IAIA). Dr. Hannah took them down to Old Town Santa Fe to let the students look around and shop.

"I think the highlight for two of our girls was going to Target, it was right across the street from our hotel," Dr. Hannah said.

Attendee Dara Williams came from Cave Springs, commented on how much fun the trip was and how eager she is to go on another.

To learn more about UKB education trips, call 918-871-2796.

OPEN SUBMISSION

For eighth grade, high school, college, military and technical graduates profiles

If you would like to feature your graduate in the June edition, please send a high resolution picture, name, and bio (150 words or less) to media@ukb-nsn.gov.

Deadline at 5 p.m. 21 May, 2023

No late submissions will be accepted!

There's a better way to navigate store aisles than just picking products at random and hoping for the best, one which doesn't involve hours of product research. STATEPOINT MEDIA

Buy wisely at grocery store

STATEPOINT – Whether you are packing school lunches or hosting a dinner party, you want your fridge and pantry to be stocked with the highest-quality foods for the best value. Thankfully, there's a better way to navigate store aisles than just picking products at random and hoping for the best, one which doesn't involve hours of product research.

Product of the Year USA, the largest consumer-voted awards program centered around product innovation, recently announced the winners of the 2023 Product of the Year Awards across 36 trending categories. Determined through a national study of 40,000 American shoppers in partnership with Kantar, a global leader in consumer research, the winners represent the best new products when it comes to thoughtful design, quality and innovation.

"It's easier than ever for today's consumers to be overwhelmed by choice. Far beyond retail aisles, they now have direct-to-consumer options, grocery delivery in the palm of their hands, and a never-ending stream of their favorite influencers reviewing products," says Mike Nolan, global CEO of Product of the Year Management. "It's important to us to help consumers and their families cut through the noise."

To make your visits to the supermarket a breeze, consider this year's 20 food and beverage winners, listed by category:

- Bread | ALDI-exclusive Specially Selected French Baguette - ALDI
- Breakfast | Quaker Puffed Granola PepsiCo
 Cheese | ALDI-exclusive Emporium Selection Feta
- Block Assortment ALDI

 Coffee Creamer | Lactose-Free Flavored Creamer in French Vanilla and Sweet Cream Organic Valley

 Condiment | ALDI-exclusive Burman's Dipping

12/4 - 12/15

Sauces - ALDI

- Convenience Meals | Hot Pockets Deliwich Nestlé USA
 - Entrée | Pasta-Roni Heat & Eat PepsiCo
- Frozen Dessert | ALDI-exclusive Sundae Shoppe
- Gelato ALDI

 Keto | ALDI-exclusive Benton's Keto Cookies –
- ALDI
 Meal Replacement | Complete Nutrition Shakes –
- Soylent
 Meal Solution | Bob Evans Mashed Cauliflower –
- Bob Evans Farms

 Non-Chocolate | HARIBO Berry Clouds HARIBO
- of America, Inc.
 Non-Dairy | ALDI-exclusive Friendly Farms Non-
- Dairy Whipped Toppings ALDI

 On-The-Go Snack | ALDI-exclusive Park Street Deli
- Sweet Snack Selects ALDI
- Premixed Drink | ALDI-exclusive Zarita Margaritas
 ALDI
 Calta Grand | Tabia Hat Note Forest | Page 1 HGA
- Salty Snack | Takis Hot Nuts Fuego Barcel USA
 Smoothie | DOLE BOOSTED BLENDS Berry Spark
 Smoothie Dole Packaged Foods
- Snack & Appetizer | El Monterey Chili Cheese Chimichanga – Ruiz Foods
- Soft Drink | Nitro Pepsi PepsiCo
- Wine | ALDI-exclusive Don't Mind If I Do Sauvignon Blanc – ALDI

For more information about this year's winners, visit productoftheyearusa.com.

Want to feed your family the foods that other shoppers have already tried and loved? Whether you're filling your virtual or physical cart, be sure to lean on consumers tools that can help you make better choices.

2 - 7

6 things to consider doing if you can't pay rent this month

STATEPOINT – The average national rent surpassed \$2,000 for the first time ever in 2022, which has made keeping up with rent payments challenging for millions of people across the United States. In fact, a recent Freddie Mac survey found that 70% of renters are concerned about making their rent payments.

If you're among those struggling to pay rent, there is good news: many resources exist to help renters remain in their homes. Here are six actions you can take to help keep you in your rental:

1. If you know you will be unable to pay your rent, contact your landlord in writing to explain your situation. Your landlord may be able to offer you such options as changing the date rent is due each month, lowering rent payments or creating a repayment plan.

2. Finding a less expensive apartment may be the right solution if you anticipate having regular trouble paying your rent. However, with rents on the rise everywhere, this can be a challenge. As you start your search, remember to factor in the fees and moving expenses you might incur. Moving within your building or to another property managed by the same company may be one way to avoid onboarding fees.

3. If you have the space, taking on a roommate can significantly reduce your monthly rent and utility expenses. Make sure to follow the terms of your lease when adding a roommate to any apartment. This could include having them sign a formal lease.

4. Local housing authorities and some national organizations have short-term rent relief funds you can apply for to help cover the cost of rent while you get back on your feet. The Consumer Financial Protection Bureau (CFPB) has a list of assistance programs for renters

5. Be aware of the eviction protections you're eligible for should you be unable to pay rent. The CFPB has a list of states with protections in place that prevent landlords from evicting renters for failure to pay rent.

6. There are many nonprofit Renter Resource Organizations throughout the country that can assist you if you are facing a housing-related challenge. These entities provide services and resources to help you maintain housing, including eviction prevention and landlord-tenant mediation. They also can assist you in locating alternative housing and provide financial planning advice. Services offered may vary by provider. To find an organization that can help you with your situation, contact Freddie Mac's Renter Hotline at 800-404-3097.

For more information about renting, visit My Home by Freddie Mac at myhome.freddiemac.com.

UKB EDUCATION 2023

1/23 - 2/ 3	Certified Billing and Coding Certification	9:30 - 3:30
2/6 - 2/17	Certified Medical Admin Assistant	2 - 7
2/20 - 3/3	Certified Coding and Billing Certification	5:15 - 10
3/20 - 3/31	Electronic Health Records	5:15 - 10
4/3 - 4/14	Certified Medical Admin Assistant	2 - 7
4/17 - 4/28	Electronic Health Records	9:30 - 3:30
5/1 - 5/12	Certified Billing and Coding Certification	9:30 - 3:30
5/15 - 5/26	Electronic Health Records	2 - 7
5/29 - 6/9	Mental Health Tech	2 – 7
7/10 - 7/21	Certified Coding and Billing Certification	2 - 7
7/24 - 8/4	Certified Medical Admin Assistant	2 - 7
8/7 - 8/18	Mental Health Tech	9:30 - 3:30
8/21 - 9/1	Electronic Health Records	9:30 - 3:30
9/04- 9/15	Certified Coding and Billing Certification	2 - 7
9/18- 9/29	Certified Medical Admin Assistant	5 - 10
10/16 - 10/27	Mental Health Tech	2 - 7
10/30 - 11/10	Certified Medical Admin Assistant	2 - 7
11/13 - 11/29	Certified Coding and Billing Certification	9:30 - 3:30
10/4 10/45		2 7

Electronic Health Records

Role of a Medical Administrative Assistant

Certified Medical Administrative Assistant can perform secretarial duties using specific knowledge of medical terminology and hospital, clinic, or laboratory procedures. Duties may include scheduling appointments, billing patients, and compiling and recording medical charts, reports, and correspondence.

Role of a Medical Coder and Biller

A Medical Coder & Biller can compile, process, and maintain medical records of hospital and clinic patients in a manner consistent with medical, administrative, ethical, legal, and regulatory requirements of the healthcare system. They can also classify medical and healthcare concepts, including diagnosis, procedures, medical services, and equipment, into the healthcare industry's numerical coding system. Includes medical coders.

Role of an Electronic Health Records Specialist

Electronic Health Records Specialist can compile, process, and maintain medical records of patients in a manner consistent with medical, administrative, ethical, legal, and regulatory requirements of the healthcare system. Electronic Health Record Specialists also classify medical and healthcare concepts, including diagnosis, procedures, medical services, and equipment into the healthcare industry's numerical coding system.

Role of a Mental Health Technician

A Mental Health Technician cares for individuals with mental or emotional conditions or disabilities, following the instructions of physicians or other health practitioners. A Mental Health Technician may monitor patients' physical and emotional well-being and report to medical staff, or participate in rehabilitation and treatment programs, help with personal hygiene, and administer oral or injectable medications.

'Lunch and Learn' offers flat reed weaving

UKB employees learn the traditional art from Tradition Keeper Janelle Adair.

BY MARILYN CRAIG
UKB Museum Marketing Coordinator

TAHLEQUAH – The John Hair Cultural Center and Keetoowah Museum continued its monthly "Lunch and Learn" employee series on March 15, with a flat reed weaving class taught by UKB Tradition Keeper Janelle Adair.

Adair was named a Tradition Keeper for her storytelling, but like many tradition keepers and culture bearers, she can teach many things about the Keetoowah Culture.

Keetoowah weavers traditionally used river cane and white oak to make flat strips to weave. They made baskets and mats. The pieces are scraped down to make flat pieces. Some weavers dye their materials using natural items such as walnuts, roots, and pokeweed to give them color and to make patterns.

Adair taught how to make a cross pattern. Some participants chose to make

a little coaster-size mat, while others made several crosses in a row to make a larger piece.

Adair also talked about making a basket and the process involved with that. Eleven employees participated in the class

The next class in the series will teach how to make a stickball ball and will be offered on April 19.

"These classes teach the culture and bring employees together in an informal atmosphere. Employees have told me how much they appreciate programs like these, and the opportunity to learn more about the Keetoowah culture," said Barbara Girty Foster, Assistant Museum

For more information on the activities and programs of the Keetoowah museum, go to the tribe's website at www.ukb-nsn. gov or visit us on Facebook at the John Hair Cultural Center and Museum or call 918-871-2866.

"These classes teach the culture and also bring employees together in an informal atmosphere."

Barbara Girty Foster, assistant museum director



Flat reed instructor Janelle Adair and employee Toni Workman show off Workman's weaving project.



UKB employee Michelle Downing starts weaving a mat with flat reed during the March 15 "Lunch and Learn" session.



Participants of the United Keetoowah Band's March 15 "Lunch and Learn" series cut strips to begin making flat reed mats. The flat reed weaving class was taught by Tradition Keeper Janelle Adair. PHOTOS BY MARILYN CRAIG/JOHN HAIR CULTURAL CENTER



CASH ONLY. NO HOLDS.



Marcus Thompson and Chris Coursey behind the camera, while Olivia Briggs and Eddie Webb look on. PHOTOS BY MARILYN CRAIG/JOHN HAIR CULTURAL CENTER



Barbara Girty Foster, Jake the dog, Chewey, Tiana Watie, Marcus Thompson and Dr. Eddie Webb film John Chewey at his shop.

Preserving culture through film

BY MARILYN CRAIG
UKB Museum Marketing Coordinator

TAHLEQUAH – UKB's John Hair Cultural Center and Keetoowah Museum continues its mission to preserve and revitalize Keetoowah culture through employee and cultural classes.

These classes, which are open to the public, focus on topics such as collecting artifacts, translating documents written in the syllabary, writing news stories and now digital preservation. Through digital preservation the museum is committed to filming culture bearers telling stories, making crafts, speaking the language, and living traditional lifeways. These stories will all be part of a Keetoowah YouTube channel.

While most college students were kicked back during Spring Break, several former UKB Red Pony LLC film students were working to get footage on UKB Tradition Keepers. UKB tribal member and Red Pony owner and film producer Eddie Webb and his associate Paul Hickey brought make up a combination of 30-plus years of experience making films.

There were five film students that were able to rearrange their schedules to assist in filming. UKB members Tiana Watie, Marcus Thompson, David Barnoski, and Olivia Briggs, along with Chris Coursey were all paid to assist with the filming.

"It is gratifying to have these students continuing on their journey to become film makers," said JHCCM Director Barbara Girty Foster. "Film has become a current way to preserve storytelling and language. We were already concerned about preserving our language, however elder COVID deaths took many of our Keetoowah language speakers. We are more committed than ever to revitalize our language. We need our young

people to learn it so it will continue generations in the future."

The film crew began day one by heading north to Jay, Oklahoma to film Keetoowah language first speaker John Chewey. Chewey, a U.S. Army Veteran, was drafted into military service during the Vietnam War. John grew up in ranch life, working with his dad on the Flying U Ranch. Along with the everyday ranch tasks of cow punching, fence fixing, and animal feeding, John learned to shoe horses.

This became John's profession, along with a boot and saddle repair shop that he has now handed down to his grandsons. Chewey was filmed shoeing a horse and him "spinning a yarn." Like many Keetoowah people, he is a good storyteller. But do not call him a cowboy. He said he is Indian first.

UKB tribal member Tiana Watie was another crew member that helped out on the film.

"I have a certificate in Film and TV from Full Sail University," Watie said. "Growing up watching movies and TV I became interested in how they were made."

and TV, I became interested in how they were made." While she learned a lot from the virtual course, being there in person was even better.

"I got to feel how it is to be on set and to be handson with a lot of the equipment. Seeing how everything works was so much fun. It really solidified my dream of becoming a filmmaker," said Watie.

On day two the crew headed out near Lake Tenkiller to interview Keetoowah Tradition Keeper Matt Girty.

Girty is a stone cutter and creates carvings that are sold in gift shops, retail stores and at craft shows. He has been commissioned by Cherokee film maker Stan Heape to create life size carvings of different animals on huge sandstone boulders. The project is ongoing, and he has already worked on this for several years.

Girty shares the mission of the UKB Tradition Keepers. He currently has three stone cutter apprentices working with him.

UKB tribal member Olivia Briggs said, "This experience has helped me get my first steps into the film industry. I've learned everything from setting lights and assembling a camera to putting microphones on guests thanks to Dr. Eddie Webb and his associates. My favorite part has been having the opportunity to interview and meet so many distinguished people from the United Keetoowah Band and our community. I am so happy to be able to share the stories of our people to a bigger audience."

On day three the crew filmed at the John Hair Cultural Center and Keetoowah Museum. They filmed museum director and Tradition Keeper Ernestine Berry talking about the history exhibit. Berry was named a Tradition Keeper for her knowledge of Keetoowah History. Tapping into that knowledge is a goal for museum staff as well as the film makers.

"We want to record our history and get as much information as possible preserved, so this is just one the first rounds of filming the history. We are looking at putting information at each section of the exhibit, which will allow visitors to put on earphones and learn the story," said Girty Foster.

The next part of this project will be editing and building the piece, frame by frame. While Red Pony will do a great deal of the editing, they will also involve former film students and museum staff as well. The next session of the Red Pony Film Academy will be set sometime in May or June. When the project is completed, it will be put on the Keetoowah YouTube channel. For more information on the film academy, call the museum at 918-871-2866.



